



# PROGRAM

## The sea, our food



### SUNDAY 7 APRIL

- Welcome at Alvedro airport (A Coruña) for the pupils and teachers from France, Italy and Poland.

### MONDAY 8 APRIL

- 8.30: Arrival at the school and reception in the meeting room at the IESP Xosé Neira Vilas (Oleiros: <http://www.iesneiravilas.org/>)
- OPENING SESSION: Talks by the schools heads and coordinators from the different countries.
- 09.00: "Celebrating feasts and foods in France, Italy, Poland and Spain".
- 10.00: Break
- 10.30: Summary of the previous visits to France, Poland and Italy.
- 11.00: Visit to the community of Oleiros: Rialeda Library, Lorbé ("redeiras", Demarlosa water treatment works, Ribera carpentry), Mera Lighthouse and Santa Cruz Castle.
- 14.10: Return to the school for a meal with the host families.
- 16.00: Workshops by group and country to produce a display panel "Celebrating feasts and foods in France, Italy, Poland and Spain"
- Meanwhile: A meeting of the project coordinators from the different countries to work on the outcomes that will be presented in each of the National Agencies.
- 18.00: Return to the host families.

### TUESDAY 9 APRIL

- 08.30: Leave school to go to Santiago de Compostela.
- 09.30: Walk on the last section of the Saint James Way to the Cathedral.
- 11.00: Guided visit of the Cathedral and walk through the historic part of the town.
- 13.30: Leave CIFP Compostela for the midday meal.
- 16.20: Guided visit of the Cathedral rooves.
- 18.00: Visit to the "Museo do Pobo Galego" Museum of the Galician People.
- 19.30: Return to Oleiros.
- 20.30: Arrival at Oleiros and return to the host families.

### WEDNESDAY 10 APRIL

- 8.30: School. Then, showing of videos about the sea: Percebeiros, Redeiras, Mariscadoras, etc..
- 10.00: "School for cooking with seaweeds" Leave for Cambre for a visit to the seaweed products factory. (PORTO-MUIÑOS. Las verduras del mar <http://www.portomuinos.com/>)
- The Burgo Estuary (A Ria do Burgo): "The impoverishment of a rich resource".
- 14.10: Meal with the host families.
- 16.00: Cookery lesson: How to make the famous Spanish "tortilla" and the Galician "empanada".
- 20.00: Tasting the dishes from the lesson.
- 21.30: Return to the host families.

### THURSDAY 11 APRIL

- 08.30: Leave for the RÍA DE AROUSA. Educational walk aboard the CHASULA. (<http://chasulapesca.blogspot.com.es/> <http://www.miguelpesca.com/chasula.htm>)
- Introductions to nautical and maritime activities (shellfish, boats etc.).
- Visit to the IGafa - <http://www.igafa.es/>
- 20.30: Arrival at Oleiros and return to the host families.

### FRIDAY 12 APRIL

- 08.30: School: Leave for A Coruña (<http://www.coruna.es/>) and visit to the seafront, the Tower of Hercules and the Monte de San Pedro.
- 09.50: Dinner offered by the Corte Inglés shopping centre.
- 12.00: Visit to the market of the Plaza de Lugo.
- 13.30: Arrival at school and return to the host families.
- 20.30: "Friendship Dinner."

### SATURDAY 13 APRIL

- Departure of the pupils and teachers from Alvedro airport.

